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## INSTRUCTIONS FOR AFTER ROOT CANAL THERAPY

### **What to expect:**

It is not uncommon for a tooth to be uncomfortable or even exhibit a dull ache immediately after root canal therapy. This should subside within a few days (or even weeks).

### **YOUR TOOTH WILL BE SENSITIVE TO BITING, TOUCHING OR TAPPING.**

This feeling is a result of the sensitivity of nerve ending in the tissue just outside the end of the root where we cleaned. If a temporary filling was placed in the tooth expect that it will wear down. It may feel like it is concave or like a “divot”. That is normal.

### **What to do:**

Avoid chewing on the treated tooth as much as possible.

Over the counter analgesics such as Advil, Aleve, or the equivalent, are the most effective pain medications. Tylenol can be taken as an alternative if you are unable to tolerate Advil or Aleve.

*You should be scheduled within a month after completion of your treatment, so that a permanent restoration can be made.*